



PLU: 303181 Expires 1/31/15
Redeemable only at Whole Foods Market®

50¢ off

any ONE (1) 4-oz 365 Everyday Value® Candy Cane Pretzel Flats: Dark Chocolate or Yogurt



Limit one coupon per purchase of specified product(s) per individual. Void if altered, transferred, reproduced, exchanged, sold, purchased, or where prohibited or restricted by law. No monetary value. Valid only in the U.S.A. Expires 1/31/15.



PLU: 303182 Expires 1/31/15
Redeemable only at Whole Foods Market®

\$1.00 off

any ONE (1) Whole Foods Market® GlutenFree Bakehouse® Frozen Pie



Limit one coupon per purchase of specified product(s) per individual. Void if altered, transferred, reproduced, exchanged, sold, purchased, or where prohibited or restricted by law. No monetary value. Valid only in the U.S.A. Expires 1/31/15.



PLU: 303183 Expires 1/31/15
Redeemable only at Whole Foods Market®

50¢ off

any ONE (1) 14-oz 365 Everyday Value® Sausage: Chicken Breakfast, Pork Breakfast, Mild Italian Chicken Sausage or Mild Italian Pork Sausage



Limit one coupon per purchase of specified product(s) per individual. Void if altered, transferred, reproduced, exchanged, sold, purchased, or where prohibited or restricted by law. No monetary value. Valid only in the U.S.A. Expires 1/31/15.



PLU: 303184 Expires 1/31/15
Redeemable only at Whole Foods Market®

\$1.00 off

any ONE (1) 6.7-oz Whole Foods Market™ Assorted Belgian Chocolates



Limit one coupon per purchase of specified product(s) per individual. Void if altered, transferred, reproduced, exchanged, sold, purchased, or where prohibited or restricted by law. No monetary value. Valid only in the U.S.A. Expires 1/31/15.



PLU: 303185 Expires 1/31/15
Redeemable only at Whole Foods Market®

50¢ off

any ONE (1) 2.1-oz Whole Foods Market™ Milk Chocolate Bar: Peppermint Pretzel or Peanut Butter & Strawberry Jelly



Limit one coupon per purchase of specified product(s) per individual. Void if altered, transferred, reproduced, exchanged, sold, purchased, or where prohibited or restricted by law. No monetary value. Valid only in the U.S.A. Expires 1/31/15.



PLU: 303217 Expires 1/31/15
Redeemable only at Whole Foods Market®

75¢ off

any ONE (1) Alexia Sweet Potato Item



Limit one coupon per purchase of specified product(s) per individual. Void if altered, transferred, reproduced, exchanged, sold, purchased, or where prohibited or restricted by law. No monetary value. Valid only in the U.S.A. Expires 1/31/15.

WHOLE FOODS MARKET PLU: **303218** Expires 1/31/15
Redeemable only at Whole Foods Market®

\$1.00 off
any ONE (1) Beyond Meat Pack




Limit one coupon per purchase of specified product(s) per individual. Void if altered, transferred, reproduced, exchanged, sold, purchased, or where prohibited or restricted by law. No monetary value. Valid only in the U.S.A. Expires 1/31/15.

WHOLE FOODS MARKET PLU: **303219** Expires 1/31/15
Redeemable only at Whole Foods Market®

\$1.00 off
any TWO (2) Refrigerated Immaculate Items




Limit one coupon per purchase of specified product(s) per individual. Void if altered, transferred, reproduced, exchanged, sold, purchased, or where prohibited or restricted by law. No monetary value. Valid only in the U.S.A. Expires 1/31/15.

WHOLE FOODS MARKET PLU: **303220** Expires 1/31/15
Redeemable only at Whole Foods Market®


\$1.00 off
any ONE (1) Organic Valley Soy Creamer, 16-oz or larger




Limit one coupon per purchase of specified product(s) per individual. Void if altered, transferred, reproduced, exchanged, sold, purchased, or where prohibited or restricted by law. No monetary value. Valid only in the U.S.A. Expires 1/31/15.

WHOLE FOODS MARKET PLU: **303221** Expires 1/31/15
Redeemable only at Whole Foods Market®


\$1.00 off
any TWO (2) 5.3-oz Stonyfield Organic Greek or 5.3-oz Stonyfield Organic Greek and Chia Yogurts (any flavor)




Limit one coupon per purchase of specified product(s) per individual. Void if altered, transferred, reproduced, exchanged, sold, purchased, or where prohibited or restricted by law. No monetary value. Valid only in the U.S.A. Expires 1/31/15.

WHOLE FOODS MARKET PLU: **303222** Expires 1/31/15
Redeemable only at Whole Foods Market®


\$1.00 off
any ONE (1) 10.5-oz or 33.8-oz Sambazon Juice

Limit one coupon per purchase of specified product(s) per individual. Void if altered, transferred, reproduced, exchanged, sold, purchased, or where prohibited or restricted by law. No monetary value. Valid only in the U.S.A. Expires 1/31/15.

WHOLE FOODS MARKET PLU: **303223** Expires 1/31/15
Redeemable only at Whole Foods Market®

\$1.00 off
any ONE (1) Frontier Bottled Spice or Baking Extract




Limit one coupon per purchase of specified product(s) per individual. Void if altered, transferred, reproduced, exchanged, sold, purchased, or where prohibited or restricted by law. No monetary value. Valid only in the U.S.A. Expires 1/31/15.

WHOLE FOODS MARKET PLU: **303224** Expires 1/31/15
Redeemable only at Whole Foods Market®

\$1.50 off
any TWO (2) Simply Organic Spice Bottles or 4-oz Vanilla Extract




Limit one coupon per purchase of specified product(s) per individual. Void if altered, transferred, reproduced, exchanged, sold, purchased, or where prohibited or restricted by law. No monetary value. Valid only in the U.S.A. Expires 1/31/15.

WHOLE FOODS MARKET PLU: **303225** Expires 1/31/15
Redeemable only at Whole Foods Market®



\$1.00 off
any ONE (1) Arrowhead Mills Baking Product




Limit one coupon per purchase of specified product(s) per individual. Void if altered, transferred, reproduced, exchanged, sold, purchased, or where prohibited or restricted by law. No monetary value. Valid only in the U.S.A. Expires 1/31/15.

WHOLE FOODS MARKET PLU: **303226** Expires 1/31/15
Redeemable only at Whole Foods Market®

\$2.00 off
any ONE (1) Spectrum Naturals Item

Limit one coupon per purchase of specified product(s) per individual. Void if altered, transferred, reproduced, exchanged, sold, purchased, or where prohibited or restricted by law. No monetary value. Valid only in the U.S.A. Expires 1/31/15.

WHOLE FOODS MARKET PLU: **303227** Expires 1/31/15
Redeemable only at Whole Foods Market®



\$1.00 off
any ONE (1) Green Mountain Gringo Salsa




Limit one coupon per purchase of specified product(s) per individual. Void if altered, transferred, reproduced, exchanged, sold, purchased, or where prohibited or restricted by law. No monetary value. Valid only in the U.S.A. Expires 1/31/15.

WHOLE FOODS MARKET PLU: **303228** Expires 1/31/15
Redeemable only at Whole Foods Market®


75¢ off
any ONE (1) Lundberg Thin Stackers

Limit one coupon per purchase of specified product(s) per individual. Void if altered, transferred, reproduced, exchanged, sold, purchased, or where prohibited or restricted by law. No monetary value. Valid only in the U.S.A. Expires 1/31/15.

WHOLE FOODS MARKET PLU: **303229** Expires 1/31/15
Redeemable only at Whole Foods Market®

75¢ off
any TWO (2) 4.25-oz boxes Blue Diamond Nut Thins

Limit one coupon per purchase of specified product(s) per individual. Void if altered, transferred, reproduced, exchanged, sold, purchased, or where prohibited or restricted by law. No monetary value. Valid only in the U.S.A. Expires 1/31/15.

WHOLE FOODS MARKET PLU: **303230** Expires 1/31/15
Redeemable only at Whole Foods Market®

55¢ off

any ONE (1) 10-oz San-J Gluten Free Tamari Soy Sauce or Asian Cooking Sauce




0 00003 03230 5

Limit one coupon per purchase of specified product(s) per individual. Void if altered, transferred, reproduced, exchanged, sold, purchased, or where prohibited or restricted by law. No monetary value. Valid only in the U.S.A. Expires 1/31/15.

WHOLE FOODS MARKET PLU: **303231** Expires 1/31/15
Redeemable only at Whole Foods Market®

\$2.00 off

any THREE (3) Tasty Bite Products




0 00003 03231 2

Limit one coupon per purchase of specified product(s) per individual. Void if altered, transferred, reproduced, exchanged, sold, purchased, or where prohibited or restricted by law. No monetary value. Valid only in the U.S.A. Expires 1/31/15.

WHOLE FOODS MARKET PLU: **303232** Expires 1/31/15
Redeemable only at Whole Foods Market®

\$1.00 off

any ONE (1) Imagine Broth, Soup or Gravy




0 00003 03232 9

Limit one coupon per purchase of specified product(s) per individual. Void if altered, transferred, reproduced, exchanged, sold, purchased, or where prohibited or restricted by law. No monetary value. Valid only in the U.S.A. Expires 1/31/15.

WHOLE FOODS MARKET PLU: **303233** Expires 1/31/15
Redeemable only at Whole Foods Market®

\$2.00 off

any ONE (1) 64-oz Biokleen Citrus Laundry Liquid






0 00003 03233 6

Limit one coupon per purchase of specified product(s) per individual. Void if altered, transferred, reproduced, exchanged, sold, purchased, or where prohibited or restricted by law. No monetary value. Valid only in the U.S.A. Expires 1/31/15.

WHOLE FOODS MARKET PLU: **303234** Expires 1/31/15
Redeemable only at Whole Foods Market®

\$1.00 off

any TWO (2) boxes Choice Organic Teas (any flavor/variety, 16 tea bags)



0 00003 03234 3

Limit one coupon per purchase of specified product(s) per individual. Void if altered, transferred, reproduced, exchanged, sold, purchased, or where prohibited or restricted by law. No monetary value. Valid only in the U.S.A. Expires 1/31/15.

WHOLE FOODS MARKET PLU: **303235** Expires 1/31/15
Redeemable only at Whole Foods Market®

\$1.00 off

any TWO (2) Voss Water






0 00003 03235 0

Limit one coupon per purchase of specified product(s) per individual. Void if altered, transferred, reproduced, exchanged, sold, purchased, or where prohibited or restricted by law. No monetary value. Valid only in the U.S.A. Expires 1/31/15.

WHOLE FOODS MARKET **PLU: 303236** Expires 1/31/15
Redeemable only at Whole Foods Market®

\$1.50 off
any TWO (2) Zevia 6-packs

Limit one coupon per purchase of specified product(s) per individual. Void if altered, transferred, reproduced, exchanged, sold, purchased, or where prohibited or restricted by law. No monetary value. Valid only in the U.S.A. Expires 1/31/15.

WHOLE FOODS MARKET **PLU: 303237** Expires 1/31/15
Redeemable only at Whole Foods Market®


\$3.00 off
any ONE (1) 1-Liter or 1.5-Liter case of Smartwater




Limit one coupon per purchase of specified product(s) per individual. Void if altered, transferred, reproduced, exchanged, sold, purchased, or where prohibited or restricted by law. No monetary value. Valid only in the U.S.A. Expires 1/31/15.

WHOLE FOODS MARKET **PLU: 303238** Expires 1/31/15
Redeemable only at Whole Foods Market®

\$1.00 off
any ONE (1) ORGANIC INDIA Product

Limit one coupon per purchase of specified product(s) per individual. Void if altered, transferred, reproduced, exchanged, sold, purchased, or where prohibited or restricted by law. No monetary value. Valid only in the U.S.A. Expires 1/31/15.

WHOLE FOODS MARKET **PLU: 303239** Expires 1/31/15
Redeemable only at Whole Foods Market®

\$3.00 off
any ONE (1) 16-oz Barlean's Omega Swirls




Limit one coupon per purchase of specified product(s) per individual. Void if altered, transferred, reproduced, exchanged, sold, purchased, or where prohibited or restricted by law. No monetary value. Valid only in the U.S.A. Expires 1/31/15.

WHOLE FOODS MARKET **PLU: 303240** Expires 1/31/15
Redeemable only at Whole Foods Market®



50¢ off
any ONE (1) Boiron Arnica Montana 30c




Limit one coupon per purchase of specified product(s) per individual. Void if altered, transferred, reproduced, exchanged, sold, purchased, or where prohibited or restricted by law. No monetary value. Valid only in the U.S.A. Expires 1/31/15.

WHOLE FOODS MARKET **PLU: 303241** Expires 1/31/15
Redeemable only at Whole Foods Market®

\$3.00 off
any ONE (1) Sambu Product






Limit one coupon per purchase of specified product(s) per individual. Void if altered, transferred, reproduced, exchanged, sold, purchased, or where prohibited or restricted by law. No monetary value. Valid only in the U.S.A. Expires 1/31/15.

WHOLE FOODS MARKET PLU: **303242** Expires 1/31/15
Redeemable only at Whole Foods Market®

\$3.00 off

any ONE (1) Garden of Life RAW Probiotics or RAW Enzymes

0 00003 03242 8

Limit one coupon per purchase of specified product(s) per individual. Void if altered, transferred, reproduced, exchanged, sold, purchased, or where prohibited or restricted by law. No monetary value. Valid only in the U.S.A. Expires 1/31/15.

WHOLE FOODS MARKET PLU: **303243** Expires 1/31/15
Redeemable only at Whole Foods Market®

\$5.00 off

any ONE (1) Mineral Fusion Skin Care Product (offer does not include color cosmetics or hair care)






0 00003 03243 5

Limit one coupon per purchase of specified product(s) per individual. Void if altered, transferred, reproduced, exchanged, sold, purchased, or where prohibited or restricted by law. No monetary value. Valid only in the U.S.A. Expires 1/31/15.

WHOLE FOODS MARKET PLU: **303244** Expires 1/31/15
Redeemable only at Whole Foods Market®

\$5.00 off

any ONE (1) Skinny Gut or Ultimate Flora Product (excluding packets)



0 00003 03244 2

Limit one coupon per purchase of specified product(s) per individual. Void if altered, transferred, reproduced, exchanged, sold, purchased, or where prohibited or restricted by law. No monetary value. Valid only in the U.S.A. Expires 1/31/15.

WHOLE FOODS MARKET PLU: **303245** Expires 1/31/15
Redeemable only at Whole Foods Market®

\$2.00 off

any ONE (1) Kyolic, Kyo-Green, Kyo-Dophilus or Moducare Product (excludes individual packets)


0 00003 03245 9

Limit one coupon per purchase of specified product(s) per individual. Void if altered, transferred, reproduced, exchanged, sold, purchased, or where prohibited or restricted by law. No monetary value. Valid only in the U.S.A. Expires 1/31/15.

WHOLE FOODS MARKET PLU: **303246** Expires 1/31/15
Redeemable only at Whole Foods Market®

\$1.00 off

any ONE (1) 1.5-oz Xlear Nasal Spray

0 00003 03246 6

Limit one coupon per purchase of specified product(s) per individual. Void if altered, transferred, reproduced, exchanged, sold, purchased, or where prohibited or restricted by law. No monetary value. Valid only in the U.S.A. Expires 1/31/15.